



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Level 5: Implications for International Students

30 October 2020

Welcome and Introduction

Prof. Juliette Hussey

Vice-President for Global Relations



Programme

Topic	Presenter
Introduction and Welcome	Prof Juliette Hussey, Vice President for Global Relations
Teaching and Learning	Prof Aidan Seery, Senior Tutor
Accommodation	Hazel Kinmonth, Accommodation Office
Immigration and INIS registration	Louise Staunton, Global Relations
Staying healthy during COVID-19	Dr David McGrath, College Health Service
Taking care of your mental health	Dr Trish Murphy, Counselling Service
Student Service update	Breda Walls, Director, Student Services
Global Room upcoming events	Louise Staunton, GR
Question and Answer session	All presenters

Teaching and Learning

Prof. Aidan Seery

Senior Tutor



Teaching and Learning

- All lectures and tutorials that can be delivered online should be delivered online
- Lab and practical classes, clinical skills classes, creative practice or other formative experiential components that cannot be delivered online are to continue to be delivered face-to-face
- Clinical and professional placements should also be maintained in face-to-face delivery
- Opportunities to physically carry out lab-based capstone projects (e.g., capstone or postgraduate dissertation projects) should similarly be maintained

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- Much work has gone in to ensuring these activities can be carried out safely under face-to-face conditions and is consistent with the current public health advice
 - Level 5 restrictions aim to reduce the transmission of the virus in the community protecting those activities that can only be done face-to-face
 - Trinity wishes to very strongly protect the essential experiential learning which is foundational to our students' learning and cannot be replaced at a later time

For further advice on leaving during the semester and returning later

Category of student	Who to contact
Undergraduate and Visiting Students:	Contact your Tutor or the Senior Tutor's Office: https://www.tcd.ie/seniortutor/contact/ Email: stosec@tcd.ie
Erasmus students:	Contact your Erasmus Coordinator in your School
Postgraduate Students	Contact your Course Director or the PG Student Support Officer Email: PGSUPP@tcd.ie

Update on College Accommodation

Hazel Kinmonth

**Residential Administrator and
Assistant Junior Dean**



Campus and Trinity Hall

- Both locations remain open and operational
- Protocols put in place to protect and support students by Junior Dean and Warden teams
- Warden's Team working with JCR at Trinity Hall to provide activities
- Triniscreen (COVID-19) Pilot put in place and all encouraged to participate
- Refund Scheme amended to allow more flexibility
 - Need to carefully consider if leaving is in your best interests
 - Notice period reduced to 4 weeks

Campus and Trinity Hall *(continued)*

- Students who feel isolated if flatmates have left may request a move to another apartment
- Full range of Student Services in place to support wellbeing including onsite and virtual counselling
- BATTERY and Perch Café on Campus remain open for take away only
- More information can be found at:
www.tcd.ie/about/coronavirus/#accommodation

Kavanagh Court, Binary Hub and others

- All remain open and operational
- Accommodation working with Global Relations and Student Services to support international students
- Assistant Junior Deans resident in both Kavanagh Court and Binary Hub to support you
- Refund policy set by operators not The University and does differ from College Policy
- Additional house rules may apply

Immigration and INIS Registration

Louise Staunton

**International Student
Experience Manager**



First time registration (new non-EU students)

Due to level 5 Covid-19 restrictions, the Irish Naturalisation and Immigration Service (INIS) (Immigration Registration office) is currently closed to the public

- **First time registration (new students)**
 - First time registration appointments are not available at the moment
 - Permissions (including airport landing stamps) are now extended until the 21st of January 2021
 - INIS will make appointments available again when they re-open

If you have previously registered with INIS and want to renew (continuing student)

- Non-EEA nationals who have previously registered with INIS will be able to renew their IRP cards through an online application system – INIS, though closed to the public, is still processing renewals
 - Submit your application and all supporting documentation online
 - Pay the registration fee online
 - Post original in-date passport, original IRP card and a copy of the confirmation page to INIS
 - Passport is needed to complete registration
 - When permission is granted, passport will be stamped and returned to you by registered post (usually within 1 week of confirmation that your application has been processed)
 - Your new IRP card will follow by separate post (usually up to 1 week after you receive your passport back)
- **Further details: <http://www.inis.gov.ie/en/INIS/Pages/online-renewal-applications-for-students-in-dublin-only>**

Non-EU student returning home without completing INIS registration

Returning to home country for the rest of the semester, if given permission to complete the semester online, but did not manage to register with INIS before its closure

Visa/immigration implications to note:

- If students applied for a multi-entry long stay visa, then their visa should be valid up to the 31/01 (on an exceptional basis due to Covid-19 – check your visa validity), and they can use that visa to re-enter if attempting to do so before the 31 January 2021
- However, the student's ability to use the visa to re-enter is based on the fact that they should have applied for a multi-entry visa at the time of application and not a single entry
- If students entered the country on a single entry visa and plan to leave without receiving their IRP card, they will need to apply for a NEW visa from their home country to be permitted to re-enter the state

If returning to Ireland after 31/01/21, following travel on a multiple-entry visa

The same applies if non-EU students are returning after 31/01/21 – the multiple-entry visa will no longer be valid and they would need to apply for a new visa

- Students are to check the visa in their passport and if the visa itself says multi and the validity date is to the 31/01, then they can use that to re-enter up to that date

Non-EU non-visa required students travelling without IRP registration completed

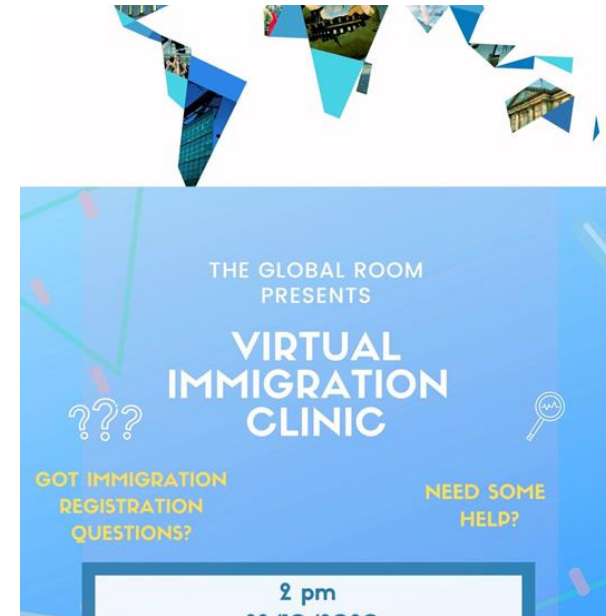
- In the case of non -visa required students, the passport landing stamp at the airport should also be valid until the end of January 2021, please check your passport to make sure
- If you decide to leave, you will have to show a copy of your proof of Trinity registration letter to airport border control officers on your return

What if I have registered online and now need to travel but my passport is still with INIS?

- When your immigration permission is granted, your passport will be stamped and returned to you by registered post (usually within 1 week of confirmation that your application has been processed)
- Your new IRP card will follow by separate post (usually up to 1 week after you receive your passport back)
- It is advisable not to make travel arrangements until you have received your passport and IRP card back – give it time
- If your situation is urgent, contact the Global Room at tcdglobalroom@tcd.ie for assistance.

Global Room Virtual Immigration Clinics

- **Global Virtual Immigration Clinics:**
 - Get answers to your INIS questions
 - Advice you on any immigration difficulties you may be having
- **Keep an eye on Global Room's Social Media pages for links – Mondays, Wednesdays and Thursdays at 2pm**



Immigration Information Resources

INIS:	http://www.inis.gov.ie/
INIS COVID-19 FAQs	<u>http://www.inis.gov.ie/en/INIS/Immigration-Service-Delivery-Covid-19-FAQ4.pdf/Files/Immigration-Service-Delivery-Covid-19-FAQ4.pdf</u>
Trinity COVID-19 FAQs	https://www.tcd.ie/about/coronavirus/
Global Room	Email: tcdglobalroom@tcd.ie

Staying Healthy during COVID-19

Dr David McGrath

Director, College Health Service



What to do if you become unwell

- If you become unwell at any stage you **must contact Trinity College Health immediately and must stay in your room**: <https://www.tcd.ie/collegehealth/>
- Contact Trinity College Health immediately at 01 - 8961556 if you become aware that one of your close and recent contacts at home is diagnosed with COVID-19.
- You must not leave your apartment until contact has been made with you and you will be advised on next steps.
- Once you have contacted Trinity College Health, you must notify your place of accommodation without delay

Symptoms and Self-isolation

You will need to self-isolate, please follow the HSE guidelines:

- If you have symptoms of coronavirus
- While you wait for a test appointment and the test results (if you are being tested as a close contact of a confirmed case and don't have symptoms you need to continue to restrict your movements)
- If you have a positive test for COVID-19

Self-isolation means staying indoors and completely avoiding contact with other people.

Further information: <https://www.tcd.ie/collegehealth/>



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Faculties and Schools Courses Research A-Z

Search Health Service



Health Service

Menu

Home

Health Team

Health Service

Health Promotion

Opening Hours

Contact Us

Gaeilge

Corona Virus Update

GP Clinics are open by phone on 01 896 1591.

For COVID-19 queries phone 01 896 1556

Phonelines open: 9.30am-12pm & 2-4pm

HSE Criteria on Covid-19 testing [are here.](#)

For further reading, [see our FAQ](#)

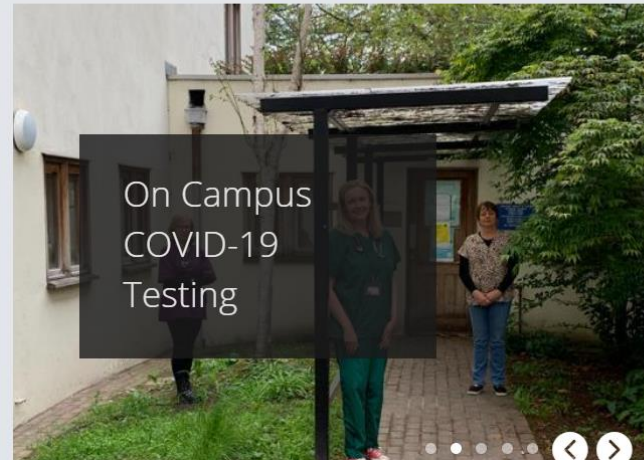
For a daily Corona Virus Update: [hse.ie](https://www.hse.ie)

For frequently asked questions: [hpsc.ie](https://www.hpsc.ie)

Other relevant numbers: HSE Live - 1850 241850;

HSE East - 01 6352149; Ambulance - 0818 501999

<https://www.tcd.ie/collegehealth/service/COVID19Testing.php>



Taking Care of your Mental Health

Dr Trish Murphy

Acting Director, Student Counselling



S2S 

Student2Student

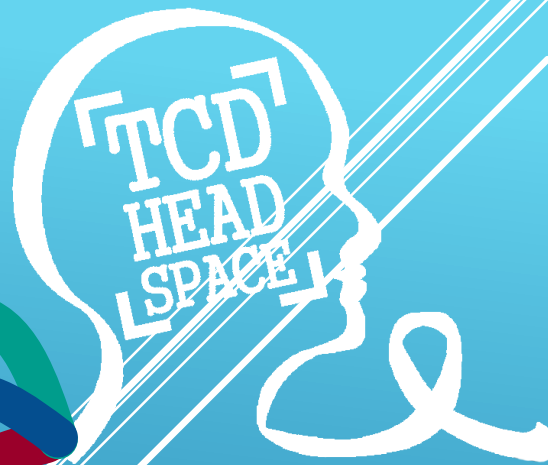
SLD 

Student Learning Development

SCS 

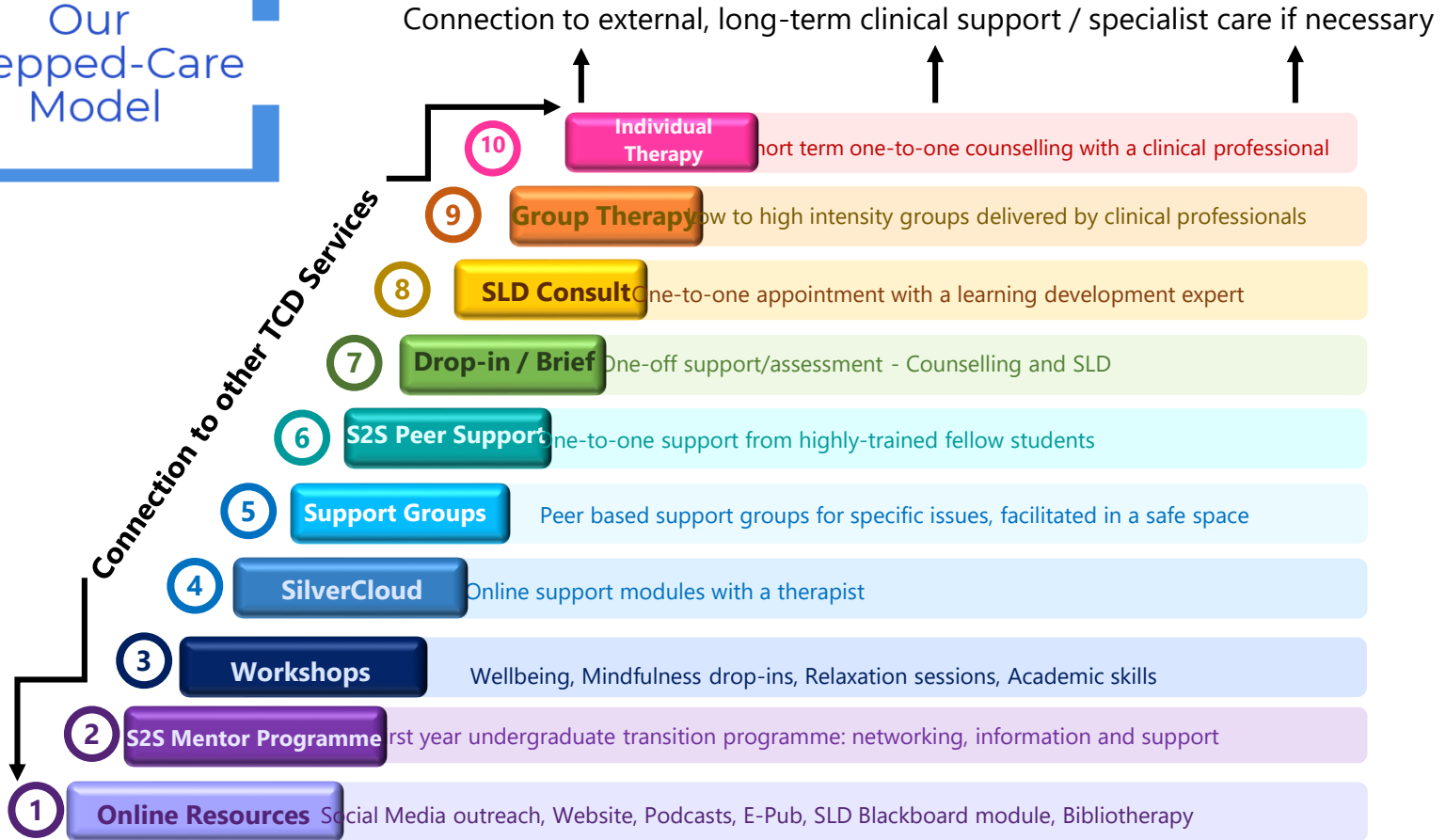
Student Counselling Services

Student Counselling Service, Trinity College Dublin



Student Counselling Service
(3rd Floor) 7-9 South Leinster
Street
Trinity College Dublin 2
Student-counselling@tcd.ie

Our Stepped-Care Model



SCS 

Student Counselling Services

EMOTIONAL
RESILIENCE AND
PSYCHOLOGICAL
WELL-BEING

STUDENT

SOCIAL
RESILIENCE

ACADEMIC
RESILIENCE

S2S 

Student2Student

SLD 

Student Learning Development

HOW IT WORKS

If you feel like you need support?



But you're not sure what kind!



Why not come chat to us!

CONFIDENTIAL
PRIVATE
FREE



Check out our website for more



email us to request an appointment



**EMERGENCY APT
AVAILABLE DAILY:
email TO BOOK IT**

WHAT SCS OFFERS

**Emotional
support**

INDIVIDUAL
COUNSELLING



FACILITATED
GROUPS



SCS



Student Counselling Services



ONLINE
SUPPORT



WORKSHOPS

ONLINE RESOURCES



6 WEEK SELF-HELP COURSE:

- SPACE FROM DEPRESSION
- SPACE FROM ANXIETY
- SPACE FROM STRESS
- SPACE FOR POSITIVE BODY IMAGE

FOLLOW TCD HEADSPACE



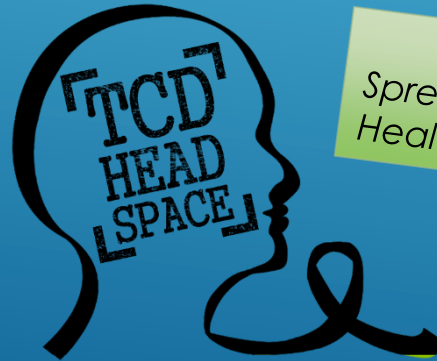
@TrinityHeadspace



@TCD_Headspace



@TCD_Headspace



TCD HEADSPACE
Spreading Positive Mental
Health across TCD Campus

Groups and Workshops



Mindfulness Weekly Drop-in (Tuesdays)

Living with COVID

Ongoing Therapy Group (referral only)

Drop in Group (TBC)

Bereavement Support Group (Term 2)

Grad Chats (Support for Post Graduate students)

Addictive Behaviours and Recovery Support Group (Wednesdays)

International student support group (TBC)

Emotion Focused Therapy group (referral only)

Group Analytical Psychotherapy (referral only)

See website for details: http://www.tcd.ie/Student_Counselling

**Academic
Support**

WHAT SLD OFFERS

Workshops



**Individual
consultations/
Drop-in**



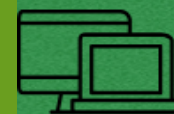
SLD 

Student Learning Development

**Blackboard-
'Academic Skills
for Successful
Learning'**



**Website: student-
learning@tcd.ie**



**Academic
Support**

WORKSHOPS

CRITICAL THINKING

POSTGRAD ESSAY AND DISSERTATION WRITING

LITERATURE REVIEWING

ORGANISATION AND TIME MANAGEMENT

EFFECTIVE PRESENTATION SKILLS

OVERCOMING PROCRASTINATION

VIVA AND ORAL DEFENSE

DEVELOPING YOUR ARGUMENTS IN YOUR WRITING

For a full list of our FREE workshops, see our website: <http://student-learning.tcd.ie>



Student2Student

Mentoring

how it works



ORIENTATION



Not sure where to start in Trinity?

S2S Mentors are here to help



Meet your Mentors at undergraduate orientation



Invite you to **events and socials**

They are fellow students who will give you **tours**



Then they'll stay in touch by **email**

Introduce you to classmates

FAQ?

Answer any **questions** you have

And share the **tips and tricks** they've learned



Helping you on your own path to success



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

<http://student2student@tcd.ie>
student2student@tcd.ie
01 896 2438



LEAN ON US



Student Services during COVID-19

Breda Walls

Director, Student Services



Supports & Services during the Corona Virus Closures



Booking Student
Spaces on Campus

What's On

Today ◀ ▶ Friday, October 30 🖨️ Print 📅 Week 📅 Month 📅 Agenda

1:00pm *Tips Talk* Effective reading

Friday, October 30

Survey: The Impact of GDPR Data Compliance Requirements on Academics
DHG Gallery 3 Screening - Bea McMahon

11:00am Weekly Connect over Coffee for all TCD Staff

12:00pm TCIN Green Lab meeting

1:00pm *Tips Talk* Effective notemaking

Saturday, October 31

DHG Gallery 3 Screening - Bea McMahon

Sunday, November 1

DHG Gallery 3 Screening - Bea McMahon

Monday, November 2

DHG Gallery 3 Screening - Bea McMahon

Library HITS - Study Skills Taster Sessions

9:30am Postgraduate Writing Group

Events shown in time zone: Ireland Time



<https://www.tcd.ie/students/supports-services/covid-19-support.php>

Global Room

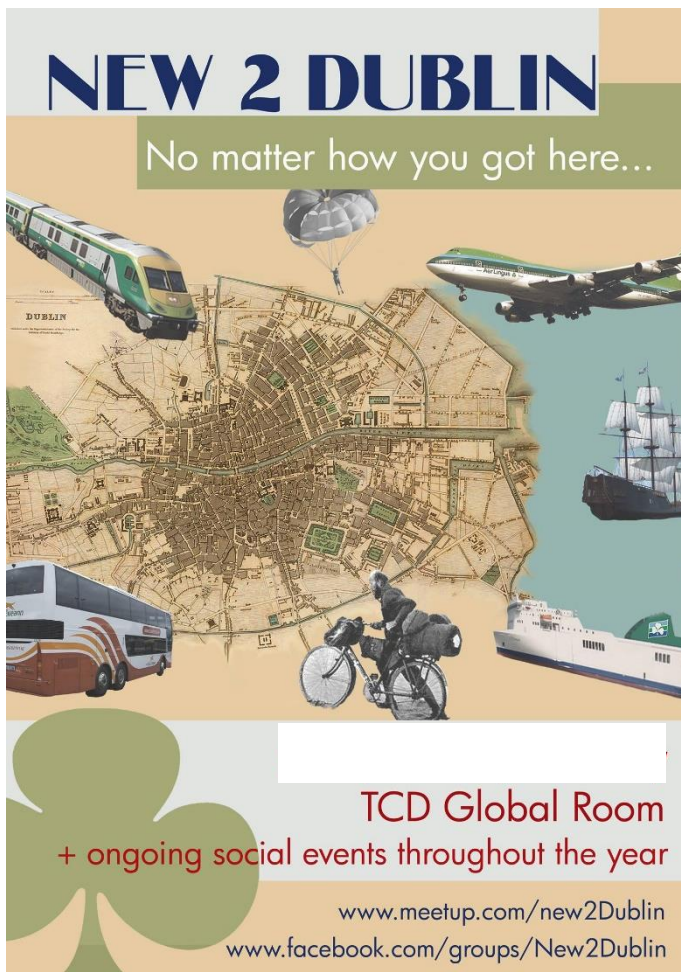
Upcoming Events



Events (October –December)

- Twice weekly social virtual coffees (Monday and Wednesday at 12pm)
- Halloween: Virtual Halloween competition (Sustainable costume and Pumpkin Carving with T-card credit as prize) **TODAY**
- Diwali Celebration event with conjunction with Indian Society (November)
- Thanksgiving event (November)
- Christmas activities (December)





‘New 2 Dublin’ virtual programme

Lunch/evenings for 5 weeks (Oct 27th/November 24th)

Helps you adjust to life in Dublin

- Academic transition -SLD/PG Advisor
- Cultural transition - Louise Staunton
- Homesickness and Mental Health - Student Counselling
- Irish language and Slang – Gaelic Society



@TrinityGlobalRoom

Email: tcdglobalroom@tcd.ie

BE SOCIAL



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www.tcd.ie/students/

Questions and Answers

Presentation will be available online afterwards:

<https://www.tcd.ie/students/>



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Thank you for listening